As I write this, we’re approaching Super Bowl Sunday, arguably the biggest public athletic event each year in the US. Lots of finger food and pupu specials from local businesses; parties at sports bars; Super Bowl logo trinkets; and special logo items for the Seahawks and Patriots. (I heard something about underinflated Patriot logo balls at highly inflated prices!)

I hope it’s a good and exciting and well-played game. Well-played football is a real treat to watch. But like many viewers, I love watching the commercials. My all-time favorite was the one about herding cats (surprise!) but I especially watch for the Budweiser commercials. Those are usually the most touching with the Clydesdales and the relationships they have with their human companions and each other. The one that I’m looking forward to is about a Clydesdale and a yellow labrador puppy who develop a wonderful relationship. But the puppy accidentally gets on a leaving horse trailer and finds itself far away from home. As animals seem to be able to do, his homing instincts take him back to the horse farm but as he sees the farm at the bottom of the hill, he suddenly hears a coyote growling close behind him. He starts barking at the coyote and the coyote threateningly moves closer to the little dog. [spoiler alert!] But his Clydesdale friend in the barn recognizes the puppy’s bark and breaking out of his pen, he gathers three of his horsey friends, runs up the hill to rescue the puppy from the coyote, who runs away. The ending is pretty wonderful as the puppy runs home protected and followed by his galloping Clydesdale BFF and the other three horses.

It’s a very personal and emotional and warm piece of video. I suspect it doesn’t have to do as much about Budweiser beer as it does with the relationships that develop between animals and between horses and their human companions.

I would love to see commercials like this reflecting the love among Christians and with creation and between followers of Jesus and Jesus. A little creativity on the part of ad agencies could bring us commercials like the classic Coca-Cola commercial with the young people from around the world singing, “I’d like to teach the world to sing.” And at the end, an Episcopal Church logo. We wouldn’t have to say anything – a quiet connection between a song about peace and the Episcopal Church would work in the same way these Clydesdale stories work, with the Budweiser brand right at the end.

Or maybe another one that takes place among some animals – baby or otherwise – that shows our love for God’s creation. And the Episcopal Church logo at the end.

Many of my colleagues are most likely writing columns about Lent, Ash Wednesday, Lenten study groups, and other Lenten activities. St. Clement’s is no different when it comes to acknowledging Lent with specific programs and ministries. Perhaps at St. Clement’s this year, we can use Lent to reflect on our responsibilities as stewards and protectors of God’s creation. Jesus uses the metaphor of the sheep and the shepherd who protects his entire herd – even the one who strayed away.

We look to Jesus for protection from evil and bad situations – from the pack of wolves who seem to come upon us unexpectedly. Perhaps this year for our Lenten discipline, we can look around us and become stewards, protectors of God’s creatures and God’s creation in ways we might not have previously considered. We must care for the animals who cannot care for themselves because we have domesticated them. They look to us for protection, not for abandonment. Find something that will cause you to care for what God has put around us. Pick up the trash you see on the beach – there’s no good reason to walk past it. Mow the grass or help out a neighbor who can no longer do the work him or herself. Put up a bird feeder. Join Meals on Wheels. Just as Jesus is always present to care for us, may we be increasingly aware of how we care for God’s creatures and God’s creation.

And enjoy the Super Bowl. If you’re not a football fan, I hope you’ll at least enjoy some of the commercials!
HAPPY BIRTHDAY!
Hau`oli la hanau to all
Those born in January

February 4  Bertha Lum
February 5  Brad Rentz
February 6  Lela Joseph
February 8  Becky Delafield
February 10 Linda Dias
February 11 Vanessa Henao
February 12 Carl Tom
February 13 Tracy Kamikawa
February 14 Cristy Kessler
February 14 Alex Kostedt
February 15 Dana Gibson
February 15 Aimee Kim
February 16 Travis Baldwin
February 17 Darlene Tamura
February 17 Noz Yamauchi
February 17 Kwong Tan
February 19 Dora Kraul
February 22 Rosemary Domecki
February 24 Kainuna van de Waal
February 27 Ray Kamikawa
February 29 Nicole Cruz

Attendance and Offerings for December

December Attendance
December Offerings $43,485
YTD Income as of 12/31/14 $678,588
YTD Expenses as of 12/31/14 $674,355

If we missed your birthday, please let the office know!

Mark Your Calendars

Ash Wednesday Services
February 18, 2015
Noon and 6 pm

Imposition of Ashes and Holy Eucharist

Items for Ke ‘Alemanaka may be submitted to the Newsletter Editor, Arthur Buto

Phone: (808) 383-3930
Email (preferred): thebutos@yahoo.com

DEADLINE FOR THE MARCH ISSUE
Friday, February 13, 2015
Mahalo Nui Loa

♥ To Mary Carpenter, Beth Fincke, and Sandy Souza for assembling the annual reports and the 2015 directories. Good job, ladies!

♥ To Michelle Comeau, Tom McManus, Cathy Overstreet, Jim Quimby, and Jim Thomas who agreed to serve on the vestry and to returning vestry members Rebecca Charlton, Liz Krueger, and Susan Palmore. Your willing leadership is appreciated by the entire parish.

♥ To Liz Baldwin who has volunteered to serve as the Junior Warden and to Bob Hann who served in this position (and several others) for many, many years.

♥ To Mary Carpenter who will be taking over for Byron Gangnes as our parish treasurer.

♥ To Beth Fincke, Annette Jim, and Sandy Souza for spending time folding and sorting the St. Clement’s T-shirts and to Martha Morgan, Brad Siefkes, and Susan Palmore for selling the shirts at the annual meeting (see pg 9 for more info on the shirts).

♥ To Liz Baldwin and Susan Palmore for helping the caterer with set up, serving, and cleaning up the brunch for the annual meeting.

Master Hooker’s Stool

This is the sixth in Rev. Liz’s series addressing a variety of questions submitted by members of the congregation on August 17, 2014. The first five series of questions were in the September through January newsletters which can be found on the parish website at www.stclem.org. If you have any questions to add to her list, you may email them to Rev Liz at rector@stclem.com. Any and all questions are welcome.

Do we really follow the teachings of Jesus or do we get lost in politics and opinions that are not based on the truth?

Jesus had lots and lots of teachings. In one way or another, they all boil down to loving God, loving ourselves, and loving our “neighbors.” Jesus focused his ministry on the poor, the marginalized, the outcast. Although he didn’t get involved in political parties, he did behave and speak in ways that challenged the ruling religious and political authorities. That’s what led to his crucifixion. Jesus was a non-violent resister before that label even existed.

Merriam-Webster defines politics as “activities that relate to influencing the actions and policies of a government or getting and keeping power in a government.” Because of his ministry, Jesus was indeed involved in politics in a very active way. When we observe or become aware of situations that are in opposition to the teachings of Jesus, then we become involved by challenging religious or secular governments. With this understanding, we don’t “get lost in politics” but we attempt to influence the status quo in a way that is more just and merciful.

Jesus didn’t teach or minister by staying in the temple or at his carpenter’s shop; he moved about the countryside and preached a new way of life to his followers. A way of living that would turn the world upside down. That’s what we are called to do as his followers – to live in a way that turns upside down a world of violence, of disrespect for humanity and creation, of power grabbing and conquest.

The question of truth is huge. What is truth? Who gets to decide what truth is? As Episcopalians, we know we have some small part of the truth but we also know that we do not possess all of the truth. No one does. The whole truth – however we define it – rests only with God.

Why do we have to do the creed every week? It is so exclusionary and full of "onlys." Can we do the Prayer of St. Francis sometimes?

First, let’s understand that a creed is not a prayer. A creed is a statement of beliefs, in our case a statement of beliefs about God (Book of Common Prayer 851). Prayers are communications with God – requests, thanksgivings, pleas, and other forms of exchange with God (BCP 856). So the Prayer of St. Francis is just that – a prayer of petition: asking God to help us in our lives and in the ways we relate to God’s creation.

The creed, on the other hand, is an historical statement that comes from the decisions of the Council of Nicaea in 325. It may sound exclusionary but it actually defines what it means to call oneself a Christian. Think about secular organizations that require a commitment to their statements of purpose. If you don’t want to commit to a statement (or creed) then you might want to consider why you’d belong to an organization whose statement of membership you cannot abide. A statement of belief about God is a bit different because we are all at different places in our spiritual journeys. The extent of our belief and acceptance in the credal statements might change as we move along our spiritual paths.

Actually, there is only one “only” in the Nicene Creed: “...Jesus Christ, the only Son of God...” The rest of the creed is composed of clear statements that define God the creator, Jesus the incarnate God and savior of humanity, and the Holy Spirit. Finally, we believe in a universal church, in the cleansing power of baptism, and in a continuation of our lives because Jesus conquered death through his own death and resurrection.

The Prayer of St Francis is a wonderful petition to God asking that we become God’s vehicle of peace in the world; it’s just not a statement of belief.
Love Is In The Air

John Paul Young’s *Love is in the Air* made history for Australian music in 1978 when it made # 7 in the U.S. Billboard Hot 100. It features in the 1992 Australian romantic comedy *Strictly Ballroom*. I commend both to you: they are great fun!

In the Season of Epiphany, shortly drawing to a close, love seems to be in the air in a new way. The celebration of Christmas echoes in our hearts as it finds fuller expression in the visit of the Magi. In the revealing of Christ’s divinity at his baptism, we find the love of the Father and the Spirit booming from the sky and splashing in the water of the River Jordan. In the Presentation of Christ in the Temple, the love of the prophets Simeon and Anna fills the temple, carried to heaven with the sighs and tears of godly fulfillment.

The love in the air remains, even as we start to consider our Lenten journey to the cross and beyond. The whole earth, filled with the goodness of the Lord, continues to proclaim this love. In the face of tragedy seen on our television screens or our Facebook feeds, this love endures.

In the original context, the lyrics of John Paul Young’s *Love in the Air* speak of human, romantic love. However in them, I hear too, God’s loving presence with us and our world:

“Love is in the air
In the whisper of the tree
Love is in the air
In the thunder of the sea
And I don’t know if I’m just dreaming
But it’s something that I Must believe in
And it’s there when you call out my name.”

~~ Peace and blessings

Chris+

Midweek Evening Prayer

Over the past three months, Brad Rentz has been learning how to lead Evening Prayer. His “dry run” will be at 7 pm on Wednesday, February 4 in the church. He will then begin officiating at Evening Prayer during Lent each Wednesday at 7 pm, beginning February 25. Our experience has been that there are a number of parishioners who appreciate a mid-week service. With Brad’s commitment to learning the daily offices and with Chris training Brad in some of the basics of Anglican chant, I think this will be a pretty wonderful experience for those who are looking for something a little different in our worship life. I especially hope that there will be quite a few people at the February 4 service to support Brad in his efforts at becoming a lay worship leader in the parish.

Special Lenten Offerings

Along with weekly evening prayer, the Sunday morning discussion group will be reading *The Book of Forgiving*, written by The Rt Rev Desmond Tutu and his daughter, The Rev. Mpho Tutu. From the inside book jacket: “[The Tutus] explain the four-step process of forgiveness – Telling the Story, Naming the Hurt, Granting Forgiveness, and Renewing or Releasing the Relationship – as well as offer meditations, exercises, and prayers to guide the reader along the way.” This conversation begins on Sunday, February 8.

During the week, there will be a book study on Marcus Borg’s book, *Meeting Jesus Again for the First Time*. This is one of Borg’s classics that can be read over and over as we continue to meet Jesus again and again. This series will begin on Tuesday, February 17 from 6:30-8:00 pm. Please call the office or let Rev Liz know that you’re interested so we can order an accurate number of books. For those who participated in the book study this past fall, I think you’ll find this much more engaging and insightful.

We’ll have two Ash Wednesday services on February 18 at noon and 6:00 pm. This marks the beginning of the Lenten season, leading up to the resurrection of Jesus Christ. The Ash Wednesday service is relatively short and sets the tone as we move into Lent. We Episcopalians tend to stay away from penitential and somber services. I hope that as many as possible will come and that you will bring your families so our children young people can begin to experience the beginning of a Holy Lent.

There will also be daily meditation booklets available at the back of the church beginning on Ash Wednesday.

The Goldings Like This - Movies

From now, and throughout 2015, the Golding family will share some of their “Likes” with you as a fun little “getting to know you” exercise.

So, What is Shrovetide? And Why Celebrate??

Shrovetide consists of the three days right before Ash Wednesday and ends the season of The Epiphany.

Shrovetide actually has its roots in practicality. Toward the end of winter in northern Europe, the food stored up could begin to turn bad. The solution was to eat up as much as possible and then just wait out the time until new food supplies were available. With Christianity, the time of scarcity fit right in with Lent.

So, come and enjoy the bounty of Shrove Sunday and feast before Lent. This is as close as Anglicans get to Mardi Gras!!

* * * REMINDER * * *

St. Clement's Annual Fundraiser: Punahou Carnival Parking
February 6 and 7, 2015

Volunteers still needed. Contact Mary Carpenter at 585-6171 or Amanda Doty at 489-0631 or Sandy Souza at sandy.m.souza@gmail.com.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
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</table>
| 1   | 7:30 Holy Eucharist-CH  
8:30 Bible Study-PH1  
8:45 Adult Discussion-PH  
9:30 Sunday School  
10:15 Holy Eucharist-CH  
7:00 Daily Reflections-PH | **2 Clergy Sabbath**  
8:00 SCS Morning Chapel-CH  
6:00 EFM Class-SL  
7:00 Mankind Project-MB  
7:30 AL-Anon-PH | 3  
9:00 SCS Bus Safety-PKG  
9:30 SCS Campus Tour  
1:15 Parish Staff Meeting-PH1  
5:00 Labyrinth Open-PKG | 4  
8:00 SCS Morning Chapel-CH  
10:00 Healing Eucharist-CH  
5:30 Overeaters Anon-PH2  
5:45 Na’Ohana BOD-SL  
6:00 Holy Nativity Group-PH1  
7:00 Evening Prayer-CH |

| 8   | 7:30 Holy Eucharist-CH  
8:30 Bible Study-PH1  
8:45 Adult Discussion-PH  
9:30 Sunday School  
10:15 Holy Eucharist-CH  
11:30 Prayer Chain Mtg-PH1  
2:00 Tourist Wedding-CH  
3:30 Tourist Wedding-CH  
7:00 Daily Reflections-PH | **9 Clergy Sabbath**  
**No School - Staff Development Day**  
6:00 EFM Class-SL  
7:00 Mankind Project-MB  
7:30 AL-Anon-PH | 10  
9:30 SCS Campus Tour  
1:15 Parish Staff Meeting-PH1  
6:00 Vestry Meeting-PH | 11  
8:00 SCS Morning Chapel-CH  
10:00 Healing Eucharist-CH  
5:30 Overeaters Anon-PH2  
5:30 EV's-PH1 |

| 15  | 7:30 Holy Eucharist-CH  
8:30 Bible Study-PH1  
8:45 Adult Discussion-PH  
9:30 Sunday School  
10:15 Holy Eucharist-CH  
7:00 Daily Reflections-PH | **16 President’s Day**  
**Offices/School Closed**  
6:00 EFM Class-SL  
7:00 Mankind Project-MB  
7:30 AL-Anon-PH | 17  
9:30 SCS Campus Tour  
1:15 Parish Staff Meeting-PH1  
6:00 Ward Kinau Event-PH  
6:30 Borg book study-PH1 | 18  
**Ash Wednesday**  
8:00 SCS Morning Chapel-CH  
**NO HEALING SERVICE**  
12:00 Imposition of Ashes-CH  
5:30 Overeaters Anon-PH2  
6 pm Imposition of Ashes-CH |

| 22  | 7:30 Holy Eucharist-CH  
8:30 Bible Study-PH1  
8:45 Adult Discussion-PH  
9:30 Sunday School  
10:15 Holy Eucharist-CH  
7:00 Daily Reflections-PH | **23 Clergy Sabbath**  
5:30 SCS Board of Dir-PH  
6:00 EFM Class-SL  
7:00 Mankind Project-MB  
7:30 AL-Anon-PH | 24  
9:30 SCS Campus Tour  
1:15 Parish Staff Meeting-PH1  
5:45 Punahou Terrace Mtg.-PH  
6:30 Borg book study-PH1 | 25  
8:00 SCS Morning Chapel-CH  
9:00 SCS B-Day Blessings-PH  
10:00 Healing Eucharist-CH  
3:00 YO! House Cooking-KIT  
5:30 Overeaters Anon-PH2  
7:00 Evening Prayer-CH |

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**Key:**  
CH - Church  
PH - Parish House, main hall  
PH1 - Meeting room 1 in Parish House  
PH2 - Meeting room 2 in Parish House
<table>
<thead>
<tr>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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<tbody>
<tr>
<td>5</td>
<td><strong>Parish Fundraiser</strong></td>
<td><strong>Parish Fundraiser</strong></td>
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<tr>
<td>9:30 SCS Campus Tour</td>
<td>9:00 Altar Guild</td>
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<td>12:30 Tourist Wedding-CH</td>
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<tr>
<td>4:30 Farmers Market</td>
<td><strong>Parish Fundraiser</strong></td>
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<tr>
<td>6:00 Choir Rehearsal-CH</td>
<td><strong>PUNAHOU CARNIVAL PARKING</strong></td>
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<td><strong>Ke ‘Alemanaka Deadline</strong></td>
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<td>12</td>
<td><strong>Chinese New Year</strong></td>
<td><strong>February 2015</strong></td>
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<tr>
<td>8:30 SCS-HTY Performance- PH</td>
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<tr>
<td>9:30 SCS Campus Tour</td>
<td><strong>Chinese New Year</strong></td>
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<td>12:30 Tourist Wedding-CH</td>
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<tr>
<td>4:30 Farmers Market</td>
<td><strong>Chinese New Year</strong></td>
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<tr>
<td>6:00 Choir Rehearsal-CH</td>
<td><strong>Chinese New Year</strong></td>
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<td><strong>Ke ‘Alemanaka Assembly</strong></td>
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<td>19 Chinese New Year</td>
<td>8:00 SCS Morning Chapel-CH</td>
<td><strong>February 2015</strong></td>
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<tr>
<td>9:30 SCS Campus Tour</td>
<td>8:30 SCS Chinese Lion Dance- PH</td>
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<tr>
<td>11:00 Tourist Wedding-CH</td>
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<td>4:30 Farmers Market</td>
<td>8:00 Strivers for Sobriety-PH</td>
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<tr>
<td>6:00 Choir Rehearsal-CH</td>
<td><strong>Chinese New Year</strong></td>
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<td><strong>Chinese New Year</strong></td>
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<td>20</td>
<td>9:00 Altar Guild-Ch</td>
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<td>21</td>
<td>8:00 SCS Morning Chapel-CH</td>
<td><strong>School Imagination Fundraiser at Waialae Country Club</strong></td>
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<td>9:00 Strivers for Sobriety-PH</td>
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<td>22</td>
<td>8:00 Strivers for Sobriety-PH</td>
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<td></td>
<td>8:00 Strivers for Sobriety-PH</td>
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<tr>
<td>26</td>
<td>9:00 Altar Guild-Ch</td>
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<tr>
<td>27</td>
<td>8:00 SCS Morning Chapel-CH</td>
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<tr>
<td>28</td>
<td>8:00 Strivers for Sobriety-PH</td>
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<tr>
<td>29</td>
<td>9:00 Altar Guild-Ch</td>
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<td></td>
<td><strong>Ke ‘Alemanaka Assembly</strong></td>
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On January 13 Na’Ohana provided 12 tons of crushed ice so that SCS students could experience what snow is like. The students were thrilled to play in the snow and even Miss Biehn (top center) got a kick out of this magical experience. Photos by Joanna Polevia, Rei Heen, and Jodi Yoshioka.

Parish Snap Shots

The wind storm on January 2 caused major damage to our kiawe tree. These pictures were taken on January 3, before the clean-up. Photos by Carolyn Koehler
**Farmers Market Ministry Teams**  
Volunteer to help with this ministry by contacting Pam Fern (943-8987 or 561-1070) or Tim Hurd (372-9563)

<table>
<thead>
<tr>
<th>Task</th>
<th>February 5</th>
<th>February 12</th>
<th>February 19</th>
<th>February 26</th>
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</thead>
<tbody>
<tr>
<td><strong>Point Person for Set Up and Parking 3:00-5:30pm</strong></td>
<td>Keith Kalway</td>
<td>Keith Kalway</td>
<td>Jim Quimby</td>
<td>Tim Hurd</td>
</tr>
<tr>
<td><strong>Parking 3:30-5:30 pm</strong></td>
<td>Jim Thomas</td>
<td>Pam Fern</td>
<td>Sue Quimby</td>
<td>Pam Fern</td>
</tr>
<tr>
<td><strong>Set Up 4:15-4:45 pm</strong></td>
<td>Jim Betts, Nellie McLaughlin, Susan Palmore</td>
<td>Jim Betts, Tim Hurd</td>
<td>Liz Ho, Tim Hurd</td>
<td>Dana Anderson</td>
</tr>
<tr>
<td><strong>Point Person 5:30-7:30 pm</strong></td>
<td>Pam Fern via phone</td>
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<td></td>
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<tr>
<td><strong>Receipts, Rents 6:30-7pm</strong></td>
<td>Susan Palmore</td>
<td>Martha Morgan</td>
<td>Michele Morikami</td>
<td>Michele Morikami</td>
</tr>
<tr>
<td><em><em>Take down/Closing</em> 7:20-8pm</em>*</td>
<td>Beth Fincke, Jim Mattingly, John Marlowe*</td>
<td>Soane Lino, Sandy Souza, Arthur Buto*</td>
<td>River Kim, Ken Morikami, Terry Ledford*</td>
<td>Beth Fincke, Jim Mattingly, Pam Fern*</td>
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**Vestry Highlights**  
**January 2015**

The vestry met on January 13. Highlights include:

- Acceptance of the 2014 operating statement which finished with a $4233 surplus.
- Approval of the 2015 budget with a deficit of nearly $50,000
- Jr. Warden Bob Hann’s report that the water valve repair and tree trimming will happen during the school’s spring break.
- Reminder that the positions of Treasurer, Clerk, and Jr. Warden need to be filled. *(Ed. Note – Mary Carpenter has since volunteered to be the Treasurer, and Liz Baldwin has been elected Jr. Warden)*
- Announcement that a parish-wide Listening Process project will be done this year.

~~Submitted by Liz Baldwin  
*Clerk of the Vestry*

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The next meeting is scheduled for Tuesday, February 10, at 6 pm. Parishioners are welcome and encouraged to attend the Vestry Meetings. We serve a light supper prior to the meeting and enjoy having visitors.

T-shirts with the St. Clement’s logo are available for $7 each. They are heather-colored with dark blue printing. They come in sizes small to 3X. If you are interested, please contact the parish office at 955-7745.
A View from the Pew

“...there am I with them.”
~ Jesus / Matthew 18:20

After 40 years of studying the martial arts and 35 years of teaching them, it is fair to say that I am adamant about not only having respect for oneself and others, but showing it. I tell my students that “having” respect is abstract; that it exists only in your mind. “Showing” respect on the other hand, or even better, “giving” respect is real; that it is something that exists in your deeds, meaning the way you live your life. I even tell my students that they should respect their enemies, not just their families, friends, fellow students, and co-workers. When we show respect to our enemies, we put them in the difficult position of having to show respect in return or lose face with those they are really trying to impress. When we show respect often enough and long enough to our enemies, an odd thing happens: A seed of trust is planted in our hearts and minds and, if cultivated, will grow and be reflected in the ways in which we behave towards one another.

In my martial arts classes at least, respect is primarily shown by the custom of bowing to one another. At the beginning, during, and conclusion of class, my students bow to me, I bow to them, and they bow to one another. When we spar, we bow to each other at the end of each round and then shake one another’s hand. When we bow, we do not look at the person we are bowing to, but instead close our eyes or look at the floor. To do otherwise is a sign of distrust. In self-defense, you only take your eyes off of people you are prepared to trust. On the other hand, when shaking hands, we look each other in the eyes, quietly acknowledging one another and further sealing the bond between us that began with a bow and a firm grip. At the very end of class, just before everyone leaves, we verbally affirm our class experience and growing trust of one another. I will call out the word “Duty!” and my students will call out in reply “Honor!” I will then say “Courage!” and they will say “Loyalty!” I will finally shout “Love!” (which always makes them uncomfortable) and they shout back “Faithfulness!” Then I say goodbye in Korean with, “Ahnyeonghee Gasaeoyo” which literally means “leave in peace” or tranquility. In response, they say goodbye in Korean with “Ahnyeonghee Gyaesaeyo” which literally means “remain in peace” or tranquility. As my students leave, they turn at the door, face the center of the room, and bow one last time to the unseen presence of all of the masters who came before me, yet who are revealed in me, in the unique lineage of masters from which I come.

It always amazes me how a little bit of ceremony can create a deeper experience in individuals as well as groups. What begins as a rote observance eventually transforms into heart-felt transcendence. It reminds me of the much-misunderstood, often maligned, and almost always under-appreciated greeting in yoga of “Namaste” between students and instructors. In a secular context, it means “I bow to you.” In a religious context, it means “I bow to the Divine in you.” But Namaste means more. It means you are giving thanks; being thankful.

In a secular setting, you are thanking your teacher for sharing their expertise. As a teacher, you are thanking your student for receiving your expertise. In a religious setting, whether clergy or laity, we are thanking one another for sharing and/or receiving the Divine in one another.

In other words, the next time we grow uncomfortable with fellow parishioners who open and raise their palms during communal song or prayer, who bow or genuflect as they enter and exit the pews, who kneel and bring their hands together in silent prayer before and after services, or who make the sign of the cross at key moments during the Eucharist, it would serve us well to remember, even if our fellow parishioner doesn’t realize it, they are giving thanks to God for sharing the Divine through the presence of Christ and through one another.

“...do this in remembrance of me.”
~ Jesus / Luke 22:19

~~ Submitted by Scott Suzuki-Jones

Imagination

This annual St. Clement’s School fundraiser will be held at 5:30 pm on Saturday, February 21 at the Waialae Country Club. Tickets are still available. Phone the school office at 949-2082 for reservations or additional information.

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### February 2015 Lay Ministers

<table>
<thead>
<tr>
<th>Sunday</th>
<th>February 1</th>
<th>February 8</th>
<th>February 15</th>
<th>February 18</th>
<th>February 22</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Lectionary Year B</strong></td>
<td><em>Fourth Sunday after Epiphany</em></td>
<td><em>Fifth Sunday after Epiphany</em></td>
<td><em>Last Sunday after Epiphany</em></td>
<td><em>Ash Wednesday</em></td>
<td><em>First Sunday in Lent</em></td>
</tr>
<tr>
<td><strong>Flowers</strong></td>
<td>Beth Fincke</td>
<td>Kiki Fordham</td>
<td>Beth Fincke</td>
<td>Beth Fincke</td>
<td>Beth Fincke Adrienne Lau</td>
</tr>
</tbody>
</table>

#### 7:30 am Service

<table>
<thead>
<tr>
<th>Lector</th>
<th>Annabel Murray</th>
<th>Hew Reynolds</th>
<th>Kingsley Wong</th>
<th>Mary Carpenter</th>
<th>Sandy Souza</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lector/EM</td>
<td>Martha Morgan</td>
<td>Beth Kurren Cox</td>
<td>Pam Fern</td>
<td>Jane Anderson</td>
<td>Scott Hauger</td>
</tr>
<tr>
<td>Euch. Min</td>
<td>Susan Palmore</td>
<td>Dana Anderson</td>
<td>Bob Hann</td>
<td>Bob Hann</td>
<td>Liz Ho</td>
</tr>
<tr>
<td>Altar Guild</td>
<td>Sandy Souza</td>
<td>Sandy Souza</td>
<td>Pam Fern</td>
<td></td>
<td>Cecilia Fordham</td>
</tr>
<tr>
<td>Ushers</td>
<td>Jackie Oda</td>
<td>Sandy Souza</td>
<td>Joni Wong</td>
<td>Sandy Souza</td>
<td>Sandra Kagesa</td>
</tr>
<tr>
<td>Coffee Hour</td>
<td>Tahmi Brodhead</td>
<td>Leslie Isaki Martha Laxson</td>
<td>Joni Wong Kingsley Wong</td>
<td></td>
<td>Cecilia Fordham</td>
</tr>
</tbody>
</table>

#### 10:15 am Service

<table>
<thead>
<tr>
<th>Lector</th>
<th>Mary Carpenter</th>
<th>Elizabeth McCutcheon</th>
<th>Gayle Chang</th>
<th>Sandy Souza</th>
<th>Hilary Gangnes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lector/EM</td>
<td>Brad Siefkes</td>
<td>Moria Amjadi</td>
<td>Brad Rentz</td>
<td>Sam Hawk</td>
<td>Jane Anderson</td>
</tr>
<tr>
<td>Euch. Min</td>
<td>Paris Priore-Kim</td>
<td>Sam Hawk</td>
<td>Stuart Coleman</td>
<td>Scott Hauger</td>
<td>Moria Amjadi</td>
</tr>
<tr>
<td>Altar Guild</td>
<td>Annette Jim</td>
<td>Annette Jim</td>
<td>Annette Jim Beth Fincke</td>
<td>Annette Jim Beth Fincke</td>
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</tr>
<tr>
<td>Ushers</td>
<td>Terry Ledford</td>
<td>Liz Baldwin</td>
<td>Arthur Buto Liz Baldwin</td>
<td>Arthur Buto Terry Ledford</td>
<td></td>
</tr>
<tr>
<td>Coffee Hour</td>
<td>Moani Crowell</td>
<td>Arthur Buto</td>
<td>Nellie McLaughlin Beth Charlton</td>
<td></td>
<td>Liz Baldwin Miwako Shen</td>
</tr>
</tbody>
</table>

#### Noon Service

* 7:30 am Service
* 10:15 am Service
* 6 pm Service

### Flowers
- Beth Fincke
- Kiki Fordham
- Beth Fincke
- Beth Fincke
- Beth Fincke

### Greeters Team: Annette Jim

- 7:30 am Service: Leslie Isaki
- 10:15 am Service: Annette Jim, Deborah Candace Love
Datebook

Wednesday, February 4
7 pm Evening Prayer

Friday and Saturday, February 6-7
Punahou Carnival Parking Fundraiser

Friday, February 13
Ke`Alemanaka Deadline

Monday, February 16 - Presidents Day
School and Offices Closed

Tuesday, February 17
6:30 pm Borg book study

Wednesday, February 18 - Ash Wednesday
Noon and 6 pm Imposition of Ashes services
(No Healing Service)

Saturday, February 21
10:30 am Food Distribution and Lunch
5:30 pm SCS Imagination Fundraiser at Waialae Country Club

Tuesday, February 24
6:30 pm Borg book study

Wednesday, February 25
7 pm Evening Prayer

Thursday, February 26
Ke`Alemanaka Assembly

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Parish Office Hours:
Monday, Wednesday, Thursday, Friday
8:30 am to 4 pm
Tuesdays - 8:30 am to 8 pm